

Level 3 BTEC Sport Overview

Year 12

	Unit 1 A and P	Unit 2 Fitness and Training	Unit 23 Skill Acquisition	Unit 7 Practical Sport
1	<ul style="list-style-type: none"> ○ Skeletal System ○ Muscular System 	<ul style="list-style-type: none"> ○ Lifestyle Factors and Health Screening ○ Modifications 	<ul style="list-style-type: none"> ○ Definition of Skill ○ Definition of Ability 	<ul style="list-style-type: none"> ○ Rules and Regulations
2	<ul style="list-style-type: none"> ○ Respiratory System ○ Cardiovascular System 	<ul style="list-style-type: none"> ○ Nutrition and balanced diet 	<ul style="list-style-type: none"> ○ Information Processing Models 	<ul style="list-style-type: none"> ○ Skills, techniques and tactics
3	<ul style="list-style-type: none"> ○ Energy Systems ○ Body Systems 	<ul style="list-style-type: none"> ○ Training Methods ○ Training programme 	<ul style="list-style-type: none"> ○ Feedback 	<ul style="list-style-type: none"> ○ Developing skills, techniques and tactics
4	<ul style="list-style-type: none"> ○ Revision 	<ul style="list-style-type: none"> ○ Revision 	<ul style="list-style-type: none"> ○ Operant Conditioning ○ Classical Conditioning 	<ul style="list-style-type: none"> ○ Developing skills, techniques and tactics ○ Record practicals
5	<ul style="list-style-type: none"> ○ Revision ○ Unit 1 Exam 	<ul style="list-style-type: none"> ○ Revision ○ Unit 2 Exam 	<ul style="list-style-type: none"> ○ Closed-Loop Theory ○ Open Loop Theory ○ Schema Theory 	<ul style="list-style-type: none"> ○ Reflect on own performances
	Unit 4 Leadership	Unit 3 Professional Development		
6	<ul style="list-style-type: none"> ○ Leadership Styles ○ Lesson Plan and delivery ○ Lesson Evaluation 	<ul style="list-style-type: none"> ○ Career and job opportunities. 	<ul style="list-style-type: none"> ○ Carry out teaching and learning strategies for sports skills 	<ul style="list-style-type: none"> ○ Reflect on own performances

Year 13

	Unit 4 Leadership	Unit 3 Professional Development	Unit 22 Business	Unit 25 Officiating
1	<ul style="list-style-type: none"> ○ The skills, qualities and characteristics of three different leadership 	<ul style="list-style-type: none"> ○ Career and job opportunities. 	<ul style="list-style-type: none"> ○ Q2 - SWOT Analysis ○ Q3 – Opportunities ○ Q4 - Justification ○ Research 	<ul style="list-style-type: none"> ○ Roles and responsibilities
2	<ul style="list-style-type: none"> ○ Psychological factors affecting sports leadership 	<ul style="list-style-type: none"> ○ Career development plans 	<ul style="list-style-type: none"> ○ Q1 – Analysis ○ Practice Papers 	<ul style="list-style-type: none"> ○ Performance of officials
3	<ul style="list-style-type: none"> ○ Psychological factors affecting sports leadership 	<ul style="list-style-type: none"> ○ Recruitment processes 	<ul style="list-style-type: none"> ○ Part A preparation 	<ul style="list-style-type: none"> ○ Officiating practically
4	<ul style="list-style-type: none"> ○ Review the impact of own leadership style 	<ul style="list-style-type: none"> Reflection 		<ul style="list-style-type: none"> ○ Evaluate practical performance
5	<ul style="list-style-type: none"> ○ Moderation 	<ul style="list-style-type: none"> Moderation 		<ul style="list-style-type: none"> ○ Moderation