

# GCSE PE

## Top Tips

<b>Tip 1</b>	Make sure you hit deadlines for coursework
<b>Tip 2</b>	Practice your sports outside of school.
<b>Tip 3</b>	Revise topics as you go through, don't leave it all to the end.
<b>Tip 4</b>	Buy a revision guide and workbook and practice exam questions.
<b>Tip 5</b>	Watch a wide range of sports on TV.

➤ Revision

GCSE Results Day



Start A Level's



Go to College



YEAR  
**11**



➤ Health, Fitness and Well-Being

YEAR  
**11**



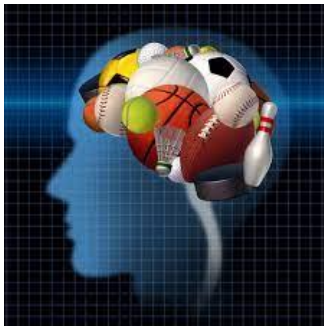
➤ Socio-Cultural Influences



YEAR  
**11**



➤ Sports Psychology



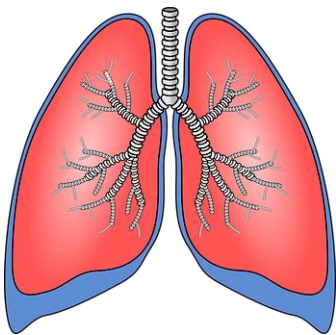
YEAR  
**10**



➤ Physical Training and Fitness



YEAR  
**10**



➤ Cardio-Vascular and Respiratory Systems



YEAR  
**10**

➤ Skeletal and Muscular Systems



CURRICULUM  
OVERVIEW

**WESTWOOD**

CURRICULUM  
OVERVIEW